



The nutrition and ingredient information provided below is for an 8 oz serving and is current as of April 2006.  
For more information about these and other products, visit [www.pepsi.com/productinfo](http://www.pepsi.com/productinfo)

## Nutrition Information

<b>8 oz Serving</b>	<b>Calories</b>	<b>Total Fat (g)</b>	<b>Sodium (mg)</b>	<b>Total Carbs (g)</b>	<b>Sugars (g)</b>	<b>Protein (g)</b>	<b>Potassium (mg)</b>	<b>Phosphorous (mg)</b>
Pepsi	100	0	20	28	28	0	10	36
Diet Pepsi	0	0	25	0	0	0	20	27
Caffeine Free Pepsi	100	0	20	28	28	0	10	36
Diet Caffeine Free Pepsi	0	0	25	0	0	0	20	27
Wild Cherry Pepsi	100	0	20	28	28	0	10	36
Diet Wild Cherry Pepsi	0	0	25	0	0	0	45	36
Pepsi Lime	100	0	20	27	27	0	35	29
Diet Pepsi Lime	0	0	25	0	0	0	35	29
Pepsi One	1	0	25	0	0	0	35	43
Diet Pepsi Vanilla	0	0	25	0	0	0	35	29
Mountain Dew	110	0	40	31	31	0	5	0
Diet Mountain Dew	0	0	35	0	0	0	50	0
Caffeine Free Mountain Dew	110	0	40	31	31	0	0	0
Caffeine Free Diet Mountain Dew	0	0	35	0	0	0	50	0
Mountain Dew Code Red	110	0	70	31	31	0	5	35
Diet Mountain Dew Code Red	0	0	25	0	0	0	45	0
Sierra Mist	100	0	25	26	26	0	35	0
Sierra Mist Free	0	0	25	0	0	0	70	0
Mug Root Beer	110	0	40	29	29	0	10	0
Diet Mug Root Beer	0	0	45	0	0	0	10	0
Mug Cream Soda	120	0	40	32	32	0	0	0
Diet Mug Cream Soda	0	0	50	0	0	0	0	0
Tropicana Twister - Orange	130	0	25	35	35	0	35	0
Tropicana Twister - Diet Orange	0	0	30	0	0	0	35	0
Tropicana Twister - Strawberry	110	0	35	29	29	0	20	0
Tropicana Twister - Grape	120	0	40	33	33	0	35	0

Note: This information applies only to bottled and canned products and not to products served from fountain dispensers. Not all products are available in all markets. All information in these tables reflects rounding as required by the Food & Drug Administration (21 CFR 101.9.) This may produce occasional irregularities in some values when comparing information for different serving sizes.



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## Ingredient Information

This table provides ingredient information frequently requested by our customers and consumers.

8 oz Serving	Caffeine (mg)	Non-Caloric Sweeteners			
		Aspartame (mg)	Sucralose (mg)	Acesulfame Potassium (mg)	Saccharin (mg)
Pepsi	25	0	0	0	0
Diet Pepsi	24	118	0	0	0
Caffeine Free Pepsi	0	0	0	0	0
Diet Caffeine Free Pepsi	0	118	0	0	0
Wild Cherry Pepsi	25	0	0	0	0
Diet Wild Cherry Pepsi	25	83	0	21	0
Pepsi Lime	25	0	0	0	0
Diet Pepsi Lime	25	83	0	21	0
Pepsi One	36	0	40	30	0
Diet Pepsi Vanilla	25	83	0	21	0
Mountain Dew	36	0	0	0	0
Diet Mountain Dew	36	57	18	19	0
Caffeine Free Mountain Dew	0	0	0	0	0
Caffeine Free Diet Mountain Dew	0	57	18	19	0
Mountain Dew Code Red	36	0	0	0	0
Diet Mountain Dew Code Red	36	71	0	22	0
Sierra Mist	0	0	0	0	0
Sierra Mist Free	0	68	0	21	0
Mug Root Beer	0	0	0	0	0
Diet Mug Root Beer	0	126	0	0	0
Mug Cream Soda	0	0	0	0	0
Diet Mug Cream Soda	0	118	0	0	0
Tropicana Twister - Orange	0	0	0	0	0
Tropicana Twister - Diet Orange	0	109	0	24	0
Tropicana Twister - Strawberry	0	0	0	0	0
Tropicana Twister - Grape	0	0	0	0	0

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## Ingredient Lists

### PEPSI

**Contains:** Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sugar, Phosphoric Acid, Caffeine, Citric Acid and Natural Flavors.

### DIET PEPSI

**Contains:** Carbonated Water, Caramel Color, NutraSweet® Brand of Aspartame, Phosphoric Acid, Potassium Benzoate (Preserves Freshness), Caffeine, Citric Acid and Natural Flavors.

### CAFFEINE FREE PEPSI

**Contains:** Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sugar, Phosphoric Acid, Citric Acid and Natural Flavors.

### DIET CAFFEINE FREE PEPSI

**Contains:** Carbonated Water, Caramel Color, Aspartame, Phosphoric Acid, Potassium Benzoate (Preserves Freshness), Citric Acid and Natural Flavors.

### WILD CHERRY PEPSI

**Contains:** Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sugar, Phosphoric Acid, Natural Flavors, Caffeine and Citric Acid.

### DIET WILD CHERRY PEPSI

**Contains:** Carbonated Water, Caramel Color, Phosphoric Acid, Natural Flavors, Aspartame, Potassium Benzoate (Preserves Freshness), Potassium Citrate, Citric Acid, Caffeine, Acesulfame Potassium, Ascorbic Acid, and Calcium Disodium EDTA (To Protect Flavor).

### PEPSI LIME

**Contains:** Carbonated Water, High Fructose Corn Syrup, Caramel Color, Natural Flavors, Phosphoric Acid, Potassium Benzoate (Preserves Freshness), Potassium Citrate, Citric Acid, and Caffeine.

### DIET PEPSI LIME

**Contains:** Carbonated Water, Caramel Color, Natural Flavors, Phosphoric Acid, Aspartame, Potassium Benzoate (Preserves Freshness), Citric Acid, Potassium Citrate, Caffeine, and Acesulfame Potassium.

### PEPSI ONE

**Contains:** Carbonated Water, Caramel Color, Natural & Artificial Flavors, Phosphoric Acid, Potassium Benzoate (Preserves Freshness), Sucralose (Splenda® Brand), Caffeine, Citric Acid, and Acesulfame Potassium.

### DIET PEPSI VANILLA

**Contains:** Carbonated Water, Caramel Color, Natural and Artificial Flavors, Phosphoric Acid, Aspartame, Potassium Benzoate (Preserves Freshness), Potassium Citrate, Caffeine, Acesulfame Potassium, Vanilla Extract, Citric Acid, Ascorbic Acid and Calcium Disodium EDTA (To Protect Flavor).

### MOUNTAIN DEW

**Contains:** Carbonated Water, High Fructose Corn Syrup and/or Sugar, Concentrated Orange Juice and other Natural Flavors, Citric Acid, Sodium Benzoate (Preserves Freshness), Caffeine, Sodium Citrate, Gum Arabic, Erythorbic Acid (Preserves Freshness), Calcium Disodium EDTA (To Protect Flavor), Brominated Vegetable Oil and Yellow 5.

### DIET MOUNTAIN DEW

**Contains:** Carbonated Water, Concentrated Orange Juice, Citric Acid, Aspartame, Potassium Benzoate (Preserves Freshness), Citrus Pectin, Potassium Citrate, Caffeine, Gum Arabic, Natural Flavors, Brominated Vegetable Oil, Yellow 5, Erythorbic Acid (Preserves Freshness).

### CAFFEINE FREE MOUNTAIN DEW

**Contains:** Carbonated Water, High Fructose Corn Syrup, Concentrated Orange Juice, Citric Acid, Natural Flavors, Sodium Benzoate (Preserves Freshness), Sodium Citrate, Erythorbic Acid (Preserves Freshness), Calcium Disodium EDTA (To Protect Flavor), Gum Arabic, Yellow 5, Brominated Vegetable Oil.

## **Ingredient Lists (continued)**

### **CAFFEINE FREE DIET MOUNTAIN DEW**

**Contains:** Carbonated Water, Concentrated Orange Juice, Citric Acid, Aspartame, Potassium Benzoate (Preserves Freshness), Citrus Pectin, Potassium Citrate, Maltodextrin, Gum Arabic, Natural Flavors, Brominated Vegetable Oil, Yellow 5 and Erythorbic Acid (Preserves Freshness).

### **MOUNTAIN DEW CODE RED**

**Contains:** Carbonated Water, High Fructose Corn Syrup, Concentrated Orange Juice, Citric Acid, Sodium Polyphosphates, Natural Flavors, Sodium Benzoate (Preserves Freshness), Caffeine, Sodium Citrate, Gum Arabic, Erythorbic Acid (Preserves Freshness), Calcium Disodium EDTA (To Protect Flavor), Red 40, Potassium Benzoate (Preserves Freshness), Brominated Vegetable Oil, Yellow 5, Blue 1.

### **DIET MOUNTAIN DEW CODE RED**

**Contains:** Carbonated Water, Citric Acid, Natural Flavors, Potassium Benzoate (Preserves Freshness), Citrus Pectin, Aspartame, Potassium Citrate, Caffeine, Acesulfame Potassium, Gum Arabic, Calcium Disodium EDTA (to Protect Flavor), Red 40, Brominated Vegetable Oil, Yellow 5, Blue 1.

### **SIERRA MIST**

**Contains:** Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Potassium Benzoate (Preserves Freshness), Potassium Citrate, Ascorbic Acid and Calcium Disodium EDTA (To Protect Flavor).

### **SIERRA MIST FREE**

**Contains:** Carbonated Water, Citric Acid, Natural Flavors, Potassium Citrate, Aspartame, Potassium Benzoate (Preserves Freshness), Acesulfame Potassium, Ascorbic Acid and Calcium Disodium EDTA (To Protect Flavor).

### **MUG ROOT BEER**

**Contains:** Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (Preserves Freshness), Citric Acid, Natural and Artificial Flavors, Modified Food Starch, Ascorbic Acid (To Protect Flavor), Quillaia Extract.

### **DIET MUG ROOT BEER**

**Contains:** Carbonated Water, Caramel Color, Aspartame, Sodium Benzoate (Preserves Freshness), Citric Acid, Natural and Artificial Flavors, Modified Food Starch, Quillaia Extract.

### **MUG CREAM SODA**

**Contains:** Carbonated Water, High Fructose Corn Syrup, Natural and Artificial Flavors, Sodium Benzoate (Preserves Freshness), Citric Acid, Caramel Color.

### **DIET MUG CREAM SODA**

**Contains:** Carbonated Water, Natural and Artificial Flavors, Sodium Benzoate (Preserves Freshness), NutraSweet Brand of Aspartame, Citric Acid and Caramel Color.

### **TROPICANA TWISTER - ORANGE**

**Contains:** Carbonated Water, High Fructose Corn Syrup, Orange Juice From Concentrate, Citric Acid, Potassium Benzoate (Preserves Freshness), Modified Food Starch, Natural & Artificial Flavors, Potassium Sorbate (Preserves Freshness), Ascorbic Acid (Vitamin C), Yellow 6, Glycerol Ester of Wood Rosin, Calcium Disodium EDTA (To Protect Flavor), Sodium Citrate.

### **TROPICANA TWISTER - DIET ORANGE**

**Contains:** Carbonated Water, Orange Juice From Concentrate, Citric Acid, Aspartame, Potassium Benzoate (Preserves Freshness), Citrus Pectin, Modified Food Starch, Natural & Artificial Flavors, Potassium Sorbate (Preserves Freshness), Ascorbic Acid (Vitamin C), Acesulfame Potassium, Yellow 6, Glycerol Ester of Wood Rosin, Calcium Disodium EDTA (To Protect Flavor), Sodium Citrate.

### **TROPICANA TWISTER - STRAWBERRY**

**Contains:** Carbonated Water, High Fructose Corn Syrup, Grape Juice From Concentrate, Citric Acid, Natural Flavors, Sodium Benzoate (Preserves Freshness), Gum Arabic, Ascorbic Acid (Vitamin C), Potassium Sorbate (Preserves Freshness), Potassium Sulfate, Red 40, Glycerol Ester of Wood Rosin, Calcium Disodium EDTA (To Protect Flavor).

### **TROPICANA TWISTER - GRAPE**

**Contains:** Carbonated Water, High Fructose Corn Syrup, Grape Juice From Concentrate, Citric Acid, Natural & Artificial Flavors, Potassium Benzoate (Preserves Freshness), Salt, Gum Arabic, Ascorbic Acid (Vitamin C), Potassium Sulfate, Red 40, Glycerol Ester of Wood Rosin, Calcium Disodium EDTA (To Protect Flavor), Blue 1.

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