



The nutrition and ingredient information provided below is for an 8 oz serving and is current as of April 2006. For more information about these and other products, visit www.propelwater.com or www.pepsi.com/productinfo

Nutrition Information

8 oz Serving	Calories	Total Fat (g)	Sodium (mg)	Total Carbs (g)	Sugars (g)	Protein (g)	Potassium (mg)
Propel - Berry	10	0	35	3	2	0	40
Propel - Lemon	10	0	35	3	2	0	40
Propel - Kiwi Strawberry	10	0	35	3	2	0	40
Propel - Grape	10	0	35	3	2	0	40

8 oz Serving	Vitamin C %DV	Vitamin E %DV	Niacin %DV	Vitamin B6 %DV	Vitamin B12 %DV	Pantothenic Acid %DV
Propel - Berry	10	10	25	25	4	25
Propel - Lemon	10	10	25	25	4	25
Propel - Kiwi Strawberry	10	10	25	25	4	25
Propel - Grape	10	10	25	25	4	25

Ingredient Lists

PROPEL - BERRY

Contains: Water, Sucrose Syrup, Citric Acid, Natural Flavors, Sodium Citrate, Potassium Citrate, Sucralose, Vitamin C (Ascorbic Acid), Vitamin E Acetate, Niacinamide (Vitamin B3), Calcium Disodium EDTA (Protects Freshness), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Acesulfame Potassium, Vitamin B12.

PROPEL - LEMON

Contains: Water, Sucrose Syrup, Natural Lemon Flavor With Other Natural Flavors, Citric Acid, Sodium Citrate, Potassium Citrate, Sucralose, Vitamin C (Ascorbic Acid), Vitamin E Acetate, Niacinamide (Vitamin B3), Calcium Disodium EDTA (Protects Freshness), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Acesulfame Potassium, Vitamin B12.

PROPEL - KIWI STRAWBERRY

Contains: Water, Sucrose Syrup, Citric Acid, Natural Kiwi and Strawberry Flavors With Other Natural Flavors, Sodium Citrate, Potassium Citrate, Sucralose, Vitamin C (Ascorbic Acid), Vitamin E Acetate, Niacinamide (Vitamin B3), Calcium Disodium EDTA (Protects Freshness), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Acesulfame Potassium, Vitamin B12.

PROPEL - GRAPE

Contains: Water, Sucrose Syrup, Citric Acid, Natural Grape Flavor With Other Natural Flavors, Sodium Citrate, Potassium Citrate, Vitamin C (Ascorbic Acid), Sucralose, Niacinamide (Vitamin B3), Calcium Disodium EDTA (Protects Freshness), Calcium Pantothenate (Vitamin B5), Vitamin E Acetate, Pyridoxine Hydrochloride (Vitamin B6), Acesulfame Potassium, Vitamin B12.

Note: This information applies only to bottled and canned products and not to products served from fountain dispensers. Not all products are available in all markets. All information in these tables reflects rounding as required by the Food & Drug Administration (21 CFR 101.9.) This may produce occasional irregularities in some values when comparing information for different serving sizes.